Amazingly Zingy Lemon Tart.

Preparation Time; 15 minutes plus 1hr chilling for pastry Cooking Time; 1hr Serves 8

Ingredients:

For the filling;

5 Eggs
140g Caster sugar
150ml Double cream
85ml Lemon juice (2-3 lemons)
15ml Orange Juice (1 orange)
2 Tbsp lemon zest
Zest of 1 orange

For the pastry;

Plain flour 180g Unsalted butter 90g - cubed I Tbsp icing sugar I Large egg yolk A little water

Method;

Pastry:

- 1. Combine the flour and butter together until resembling fine breadcrumbs. This can be done by hand or in a food processor.
- 2. Add the sugar and egg yolk and just enough water to create a firm dough. Do not add too much water as this will cause the pastry case to shrink as it bakes.
- 3. Create a flattened round with the pastry then wrap the dough in cling film and chill in the fridge for 30-45 mins.
- 4. Roll out the pastry on a lightly floured surface to 2-3mm thickness. Carefully lift into a 23cm pie tin. Press the bottom and sides around the tin and gently trim off any excess pastry. Using a fork prick a few holes in the bottom of the pastry base then pop back in the fridge for 20 mins.
- 5. Place a baking tray in the oven and pre-heat the oven to 200°C.
- 6. Line the pastry case with baking parchment, fill with ceramic-beans and place it on to the hot baking-sheet. Bake for 20 minutes.
- 7. Remove from the oven and carefully lift out the baking parchment and beans then return the pastry case to the oven for approx. 5 minutes or until the centre of the pastry is dry then set aside.

Filling:

- 1. Reduce the temperature in the oven to 140C.
- 2. Break the eggs (plus extra egg yolk) into a bowl and add caster sugar.
- 3. Add the lemon and orange zest followed by the orange and lemon juice.
- 4. Mix thoroughly using a whisk then gently stir in the cream.
- 5. Pour the lemon mixture into the baked pastry shell and slide carefully into the oven to bake for a further 30-35 minutes until the filling is lightly set.
- 6. Leave to cool before removing from the tin.

Author Tips;

Keep a little bit of pastry aside and if necessary use this to repair any holes in the pastry before adding the lemon mixture.

